

Planning Calendars

Opening Your Heart / Spiritual Motherhood

Bring your study guide and Bible each week.

Location: St. Anastasia Catholic Church, 5205 A1A South, St. Augustine, FL 32080

Day/Time: Wednesdays 9:45 am – 11:45 am

Date	Session	Opening Your Heart	Spiritual Motherhood
Sept 30	1	OYH Connect Coffee: Four Steps to WWP	Lesson 1: Connect Coffee Learning to be Daughters
Oct 7	2	Who is Jesus Christ?	Lesson 2: Loved into Existence
Oct 14	3	Why is Jesus Interested in My Friendship?	Lesson 3: Unveiling the Father
Oct 21	4	Why and How Should I Pray?	Lesson 4: Unlocking your Inheritance
Oct 28	5	OYH Connect Coffee: God – First Place in All Things	Lesson 5: Connect Coffee Rooted as Daughters
Nov 4	6	Who is the Holy Spirit?	Lesson 6: Undoing the Knots, and Lesson 7: Connect Coffee Talk A New Way of Seeing
Nov 18	7	Why Should I Read the Bible?	Lesson 8: The Royal Anointing
Dec 2	8	What is Grace and What Difference Does It Make?	Lesson 9: Living as Sisters
Dec 9	9	What are the Limits of Christ's Forgiveness?	Lesson 10: We are Midwives and Death Doulas
Dec 16	10	OYH Connect Coffee: Your Heart – You are Captivating	Lesson 11: Connect Coffee When Sisterhood Wounds Us
Jan 6	11	What Does the Sacrament of Penance Have to Do with My Friendship with Christ?	Lesson 12: Undoing the Knots, and Lesson 13: Connect Coffee Talk Awakened to Love

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Jan 13	12	What Does the Eucharist Have to do with My Friendship with Christ?	Lesson 14: The Beloved in Song of Songs
Jan 20	13	How Can I Conquer My Fears?	Lesson 15: Jesus the Bridegroom
Jan 27	14	OYH Connect Coffee: Marriage – Transformed by Grace	Lesson 16: The Wedding Supper of the Lamb
Feb 3	15	What is the Role of Suffering in My Life?	Lesson 17: Connect Coffee I Found the One
Feb 10	16	What Does Mary Have to do with My Relationship with Christ?	Lesson 18: Undoing the Knots, and Lesson 19: Connect Coffee Talk: Pass the Baton to the Mothers
Feb 17	17	Can God Really Change Me or Is That Just Wishful Thinking?	Lesson 20: Be the Leaven
Feb 24	18	OYH Connect Coffee: Reaching Your Child's Heart	Lesson 21: Restoring the Ruins
Mar 3	19	What Challenges Will I Face in My Efforts to Follow Jesus More Closely?	Lesson 22: Surrendered Motherhood
Mar 10	20	What is the Relevance of the Church in My Life?	Lesson 23: Connect Coffee: Remain in My Love: Returning to the Hidden Power of Spiritual Motherhood
Mar 17	21	How Do I Read the Bible in a Meaningful Way?	Lesson 24: Undoing the Knots, and Lesson 25: Connect Coffee Talk: The Send
Mar 24	22	OYH Connect Coffee: Set the World on Fire	Optional: Join OYH for final CC Talk/ end of the season celebration and reveal summer prayer partners